

CURRICULUM VITAE

First Name: *Ali*
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Educational Background

- Professional doctorate in medicine (MD) Kermanshah University of Medical Sciences (KUMS), Iran 1987-1994

- PhD in Sports Medicine- Lifestyle intervention Department of Biosciences and Nutrition, Karolinska Institutet, Stockholm, Sweden 2008-2013

Employment and work experiences

General Physician, Taleghani Hospital, at KUMS
Director of Gilangharb Health Center, Kermanshah
Director of Treatment affairs at KUMS
Deputy of Financial and developmental affairs at KUMS
Consultant of the president of KUMS
Deputy of student and cultural affairs of KUMS
Member of research council at KUMS
Head of the Department of Sports Medicine and Rehabilitation at KUMS

Chairman of Imam Reza Hospital at Kermanshah, Iran

Member of several scientific and executive councils and committees at KUMS

Teaching Experiences

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| - Forensic Medicine, Azad University, Kermanshah | 2004-2008 |
| - Nutrition and physical activity in public health course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden | 2010 |
| - Assessment methods in diet and physical activity course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden | 2011 |
| - Assessment methods in public health nutrition course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden | 2011 |
| - Nutritional Physiology course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden | 2012 |
| - Supervision of master students at Karolinska Institutet, Sweden | 2010-2013 |

Memberships

Member of American College of Sports Medicine (ACSM)

Member of Public Health Nutrition Group, Karolinska Institutet, Sweden

Honorary appointments

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| Section Editor of Journal of Injury and Violence Research | 2012 |
| Reviewer of The Asian Journal of Sports Medicine | 2013 |

Research activity

ASUKI Step Study, A 6-month pedometer-determined physical activity in university staff, a collaborative research study between Karolinska Institutet (KI) and Arizona State University (ASU). Coordinator of the Swedish side

Presentations

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| -3 rd International Congress on Physical Activity and Public Health, Toronto (Poster presentation) | 2010 |
| Joint HiAk-HiO Seminar, Oslo, Norway (Oral presentation) | 2010 |
| -ASUKI- The great walkathon 2009 in cooperation with Arizona State University (Oral presentation) | 2010 |
| -American College of Sports Medicine, National Conference (Poster Presentation) | 2011 |
| -3 rd Iranian Congress in Obesity Prevention and Management (poster presentation) | 2012 |
| -Seminar: American College of Sports Medicine National Strategic Summit, Arizona | 2012 |
| -Conference: The Arizona State University School of Nutrition and Health Promotion (oral presentation) | 2012 |
| -4 th Iranian Congress in Obesity Prevention and Management (oral presentation) | 2013 |
| -Cardiopulmonary Resuscitation (CPR), Basic Life Support, Advance Life Support, Imam Reza Hospital, KUMS, Kermanshah | 2014 |
| -Factors Related with Self-care Behaviors among Iranian type 2 Diabetic Patients: an Application of Health Belief Model International Conference on Preventive Medicine and Integrative Medicine to be held in Stockholm, Sweden on July, 14-15, 2014 | 2014 |

Publications

Familial risk factors for self-immolation: a case-control study.

Ahmadi A, Mohammadi R, Schwebel DC, Yeganeh N, Soroush A, Bazargan-Hejazi S J Womens Health (Larchmt). 2009 Jul;18(7):1025-31. doi: 10.1089/jwh.2008.1192.

"ASUKI Step" pedometer intervention in university staff: rationale and design.

Ainsworth BE, Der Ananian C, Soroush A, Walker J, Swan P, Poortvliet E, Yngve A. BMC Public Health. 2012 Aug 15;12:657. doi: 10.1186/1471-2458-12-657

The effects of a 6-month pedometer-determined physical activity intervention on body composition characteristics in Swedish adults: The ASUKI Step Study

Ali Soroush, Jenelle Walker, Eric Poortvliet, Michael Belyea, Barbara E. Ainsworth, Pamela

D. Swan, and Agneta Yngve

International Journal of Body Composition Research 2012 Vol 10 No 2: 47-54

Effects of a 6-Month Walking Study on Blood Pressure and Cardiorespiratory Fitness in U.S. and Swedish Adults: ASUKI Step Study.

Soroush A, Der Ananian C, Ainsworth BE, Belyea M, Poortvliet E, Swan PD, Walker J, Yngve A.

Asian J Sports Med. 2013 Jun;4(2):114-24. Epub 2013 Feb 10.

U.S. Cohort Differences in Body Composition Outcomes of a 6-Month Pedometer-Based Physical Activity Intervention: The ASUKI Step Study

Jenelle R Walker, Ali Soroush, Barbara E Ainsworth, Michael Belyea, Pamela Swan, Agneta Yngve

Asian J Sports Med. 2014 Dec;5(4):e25748. doi: 10.5812/asjrm.25748. Epub 2014 Dec 1

Trajectories and predictors of steps in a worksite intervention: ASUKI-Step

Cheryl Der Ananian, Ali Soroush, Barbara Ainsworth, Michael Belyea, Jenelle Walker, Eric

Poortvliet, Pamela Swan, Agneta Yngve Health Behavior & Policy Review. 2015;2(1):46-61 DOI:

<http://dx.doi.org/10.14485/HBPR.2.1>.

A 6 month physical activity intervention in university staff: effectiveness and health outcomes – The ASUKI Step Study (Doctoral thesis), published by Karolinska Institutet, Stockholm, Sweden

Gender Differences in Patients' Beliefs About Biological, Environmental, Behavioral, and Psychological Risk Factors in a Cardiac Rehabilitation Program

Mozhgan Saeidi; Saeid Komasi; Ali Soroush; Ali Zakiei; Jalal Shakeri

Journal of Cardio-Thoracic Medicine, Volume 2, Issue 4, Autumn 2014, Page 215-220

The Relationship between Brain Behavioral Systems and the Characteristics of the Five Factor Model of Personality with Aggression among Iranian Students

Saeid Komasi, Ali Zakiei, Ali Soroush, Mozhgan Saeidi

Journal of Injury and Violence Research, Accepted for publication

The Role of Oral Contraceptive Pills on Increased Risk of Breast Cancer in Iranian Populations: A Meta-analysis

Ali Soroush¹, Negin Farshchian², Saeid Komasi³, Neda Izadi⁴, Nasrin Amirifard², Afshar Shahmohammadi³

Irrational beliefs predict pain/discomfort and emotional distress as a result of pain in patients with non-cardiac chest pain

Saeid Komasi^{1,2}, Ali Soroush^{1,2}, Mostafa Bahremand¹, and Mozhgan Saeidi¹

Lost Useful Times! What Is Our Program for Family Caregivers in the Waiting Room of Outpatient Cardiac Rehabilitation.

Mozhgan Saeidi,¹ Saeid Komasi,^{1,2,*} and Ali Soroush^{1,3}

Enneagram of Personality as an Effective Model in the Prediction of the Risk of Cardiovascular Diseases: A Case-Control study

Saeid Komasi¹, Ali Soroush², Nasrin Nazeie³, Mozhgan Saeidi^{*4}, Ali Zakiei⁵

Which Factors Unexpectedly Increase Depressive Symptom Severity in Patients at the End of a Cardiac Rehabilitation Program?

Saeid Komasi, MSc¹, Mozhgan Saeidi, MSc¹, Nafiseh Montazeri, MD², Masoumali Masoumi, MD³, Ali Soroush, MD, PhD⁴, Parvin Ezzati, BS¹

Sociodemographic Predictors in Failure to Complete Outpatient Cardiac Rehabilitation

Behzad Heydarpour, MD¹, Mozhgan Saeidi, MSc¹, Parvin Ezzati, BS¹, Ali Soroush, MD², Saeid Komasi, MSc¹

Attitudes Toward Cardiovascular Disease Risk Factors Among Patients Referred to a Cardiac Rehabilitation Center: Importance of Psychological Attitudes

Mozhgan Saeidi ¹; Ali Soroush ²; Saeid Komasi ^{1,*}; Khodamorad Moemeni ³; Behzad Heydarpour ¹

Surveying the effects of exercise program on sleep quality of the male elderly

Saba Karimi, Ali Soroush, Farhad Towhidi, Behnam Reza Makhsosi, Maryam Karimi, Saeid Jamehshorani, Afshin Akhgar, Mahmoud Fakhri, Alireza Abdi

Ali Soroush