

CURRICULUM VITAE



Vahid Farnia

Personal History

- **First name:** Vahid
- **Last name:** Farnia
- **Birth:** 1973
- **Marital Status:** Married
- **Address:** Substance abuse prevention research center, Kermanshah University of Medical Sciences, Kermanshah, Iran
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Education

- **High School:** Dr. Fatemi , Kermanshah, Iran, 1987-91
- **MD:** Isfahan University of medical sciences, Isfahan, Iran, 1995-2002
- **Residency:** Tehran University of medical sciences, Tehran, Iran, 2005-2008
- **National board certification:** 2009

Professional Appointments and membership

- Associate Professor, Department of Psychiatry, Medical School, Kermanshah University of Medical Science, Kermanshah, Iran, 2010 to Present.
- Head and Organizer of Behavioral Sciences Research Center, Kermanshah University of Medical Science, Kermanshah, Iran, 2010 to 2013.
- Member of Substance abuse prevention research center, Kermanshah University of Medical Sciences, Kermanshah, Iran, 2012 to present
- Head of Farabi mental hospital, Kermanshah University of Medical Science, Kermanshah, Iran, 2009 to 2012.
- Head of Psychiatrists Scientific Association, Kermanshah branch, Kermanshah, Iran, 2010 to 2014.
- Head and Organizer of Substance Abuse Prevention Research Center, Kermanshah University of Medical Science, Kermanshah, Iran, 2014 to Present.
- Member of the organizing committee, conference and Exhibition on Dual Diagnosis, 2017, Monich, Germany.
- Member of the organizing committee, 5th International Conference and Exhibition on Addiction Research & Therapy 2017, Atlanta, USA.

Clinical and Research Interests

- Neuropsychiatric disorders
- Addiction studies
- Sexual Dysfunction
- Brain Electrophysiology
- Psychopharmacology
- Clinical Trials

Computer Abilities

- SPSS
- Microsoft Office

Presentations

- "Treatment of premature ejaculation" at the second international congress on sexual disorders, Tehran, Iran, 2008
- "MRI findings and renal function in patients under lithium therapy" at the European annual congress, Nice, France, 2013
- "Effect of maternal anxiety on maternal serum and fetal cord blood cortisol" at the Switzerland annual congress on biological psychiatry, Solothern, Switzerland, 2014
- methamphetamine-Induced psychiatric Disorders .2th International conference and Exhibition on Dual Diagnosis,2017,Monich, Germany.
- Amphetamine psychosis: Clinical features and treatment 5th International Conference and Exhibition on Addiction Research & Therapy2017, Atlanta, USA.

Papers

- Sadeghi Bahmani D, Razazian N, Farnia V, Alikhani M, Tatari F, Brand S. Compared to an active control condition, in persons with multiple sclerosis two different types of exercise training improved sleep and depression, but not fatigue, paresthesia, and intolerance of uncertainty. *Mult Scler Relat Disord.* 2019 29;36.
- Farnia V, Alikhani M, Ebrahimi A, Golshani S, Sadeghi Bahmani D, Brand S. Ginseng treatment improves the sexual side effects of methadone maintenance treatment. *Psychiatry Res.* 2019;276:142-150. doi: 10.1016/j.psychres.2019.05.004

- Sadeghi Bahmani D, Razazian N, Motl, RB, Farnia V, Alikhani M, Pühse U, Gerber M, Brand S. physical activity interventions can improve emotion regulation and dimensions of empathy in persons with multiple sclerosis: An exploratory study. doi.org/10.1016/j.msard.2019.101380. In press 2019.
- Farnia V, Alikhani M, Davarinejad O, Golshani, S; Salemi, S; Hookari, S; Jalali, A; Radmehr, F; Ramyar, H. A discriminant analysis of psychological and brain-behavioural system features to predict methamphetamine dependence. *NeuroQuantology* . 2019, Vol. 17 8, 24-32.
- Farnia V, Ahmadi Juibari T, Behrouz B, Mohammad Khani M, Alikhani M, Hookari S, Behzad B. Predicting quality of sleep based on emotion regulation and resiliency among men with substance-related disorders in western Iran: Results from a diagnostic analysis model. *Clinical Epidemiology and Global Health* 7 (2019) 552–558.
- Moradinazar M, Farnia, V, Alikhani, M Asadi, A, Marzbani B & Najafi F. The effects of anxiety on relapse of patients with opioid use disorders under methadone maintenance treatment: control of the confounding variables, *Journal of Substance Use*, DOI: 10.1080/14659891.2019.1659868. In press 2019.
- Moradinazar M, Farnia, V, Alikhani, M Asadi, A, Kazemi Karyani A, Rezaei S, Rezaeian Sh, Karami Matin B, Najafi F. Effective factors in Relapse of Patients with Substance-Related Disorders under Methadone Maintenance Therapy: Decision Tree Analysis. *Oman Medical Journal* ;2019. Accepted.
- Farnia V, Farshchian F, Farshchian N, Alikhani M, Sadeghi Bahmani D, Razazian N, Motl, RB, Farnia V, Alikhani M, Pühse U, Gerber M, Brand S. Comparisons of voxel-based morphometric brain volumes of individuals with methamphetamine-induced psychotic disorder, schizophrenia spectrum disorder and healthy controls. *Neuropsychobiology*. 2019. Accepted.
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- Amini K, Zhaleh H, Tahvilian R, Farnia V. Low concentration of morphine protects against cell death, oxidative stress and calcium accumulation by nicotine in PC12 cells. *Bratisl Med J* 2019; 120 (4).256-262.
- Firoozabadi A, Golshani S, Razeghian L, Rahimi S, Sepehry AA, Farnia V, Tatari F, Hookari S, Alikhani M. Dissociative experiences in Iranian depressed patients. *Journal of Trauma & Dissociation*, 2019, doi.org/10.1080/15299732.2019.1597804.

- Shakeri J, Tatari F, Vaezi N, Golshani S, Farnia V, Alikhani M, Salemi S, Rahami B. The prevalence of panic disorder and its related factor in hospitalized patients with chest pain and normal angiography. *J Edu Health Promot*, 2019;8:61.
- Farnia V, Farshchian F, Farshchian N, Alikhani M, Pormehr R, Golshani S, Salemi S, A Voxel-Based Morphometric Brain Study of Patients with Methamphetamine Dependency: A Case Controlled Study, *NeuroQuantology*, 2018, 16(12),57-61.
- Naseri R, Farnia V , Yazdchi K, Alikhani M, Basanj B, Salemi S. Vitex agnus-castus extracts compared to placebo in reducing menopausal symptoms: A randomized double-blind study. *Korean Journal of Family Medicine. an J Fam Med* 2019;40:362-367.
- Abdoli, N., Farnia, V., Salemi, S., Zhaleh, H., Khodamordi, M., Ahmadijouybari, T., Golshani S Alikhani, M. (2018). The Role of Aggression and Sleep Quality on Substance Abuse in Risky Drivers. *Int J High Risk Behav Addict*, 7(4), e60488. doi:10.5812/ijhrba.60488.
- Abdoli, N., Farnia, V., Salemi, S., Tatari, F., Juibari, T. A., Alikhani, M., & Basanj, B. (2018). Efficacy of the Marlatt cognitive-behavioral model on decreasing relapse and craving in women with methamphetamine dependence: A clinical trial. *Journal of Substance Use*, 1-4. doi:10.1080/14659891.2018.1549279.
- Abdoli N, Sadeghi Bahmani D ,Farnia V, Alikhani M, Golshani S, Holsboer-Trachsler E, Brand S. Poor sleep and poor general health among substance-abusing traffic offenders predict lower driving skills but not slower reaction times. *Psychology Research and Behavior Management*. 2018,11;557-566.
- Farnia V, Mousavi,S. B, Tatari F, Salemi S, Golshani S, Alikhani M, Heydari, Sh., Hookari S. Prevalence of Childhood Attention-Deficit/Hyperactivity Disorder (ADHD) in Methamphetamine Dependence: A Descriptive Study. *Iran J Psychiatry Behav Sci*, 2018; 12(4):e61329.
- Ahmadi Juibari T, Behrouz B, Attaie M, Farnia V, Golshani S, Moradi M, Alikhani M, Characteristics and Correlates of Psychiatric Problems in Wives of Men with Substance-related Disorders, *Kermanshah, Iran, Oman Medical Journal* ;2018, 33, (6): 512-519.
- Farnia V, Gharehbaghi H, Alikhani M, Almasi A, Golshani S, Tatari F, et al. Efficacy and tolerability of adjunctive gabapentin and memantine in obsessive

compulsive disorder: Double-blind, randomized, placebo-controlled trial. *Journal of Psychiatric Research*. 2018;104:137-43.

- Farnia, V., Alikhani, M., Jalali, A., Golshani, S., Salemi, S., Hookari, S, Juibari, T. A. The role of attachment styles and perceived social support in prediction of methamphetamine abuse. *Journal of Substance Use*,2018, 1-7. doi:10.1080/14659891.2018.1436598.
- Farina V, Salemi S, Tatari F, Abdoli N, Jouybari TA, Alikhani M, et al. Trauma-focused cognitive behavioral therapy a clinical trial to increase self-efficacy in abused the primary school children. *J Edu Health Promot* 2018;7:33.
- Farnia V, Naami A, Zargar Y, Davoodi I, Salemi S, Tatari F, Kazemi A, Basanj B, Jouybari TA, Alikhani M. Comparison of trauma-focused cognitive behavioral therapy and theory of mind: Improvement of posttraumatic growth and emotion regulation strategies. *J Edu Health Promot* 2018;7:58
- Farnia V, Tatari F, Salemi S, Alikhani M, Basanj B. et al. Efficacy of Trauma-Focused Cognitive Behavioral Therapy in Facilitating Posttraumatic Growth and Emotional Management Among Physically Abused Children, *Trauma Mon*. 2018 ;23(2):e62149. doi: 10.5812/traumamon.62149.
- Farnia V, Tatari F, Alikhani M, Yazdchi K , Taghizadeh M, Sadeghi Bahmani D, Karbasizadeh H, Holsboer-Trachsler E & Brand S. Rosa Damascena Oil improved methadone-related sexual dysfunction in females with opioid use disorder under methadone maintenance therapy – results from a double-blind, randomized, and placebo-controlled trial. *Journal of Psychiatric Research* 95 (2017) 260e268.
- Farnia V, Tatari F, Alikhani M, Shakeri J, Ngo VT, Sadeghi Bahmani D, Holsboer-Trachsler E & Brand S. Which psychological and socio-demographic dimensions predict amphetamine abuse? *European Psychiatry*. 2017;41: Supplement.859.
- Farnia V, Tatari F, Alikhani M, Shakeri J, Taghizadeh M, Ngo VT, Sadeghi Bahmani D, Holsboer-Trachsler E & Brand S. Rosa Damascena improved sexual dysfunction in males under methadone treatment – results from a double-blind, randomized, placebo-controlled clinical trial. *European Psychiatry*. 2017;41: Supplement.281.
- Zakiei A, Alikhani M, Farnia V, Khkian Z, Shakeri J & Golshani S. Attachment Style and Resiliency in Patients with Obsessive-Compulsive Personality Disorder. *Korean journal of family medicine*. 2017;38(1):34-9.

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- Farnia V, Tatari F, Salemi S, Kazemi A, Alikhani M, Golshani S & Hookari S. Effect of Trauma-Focused Cognitive Behavioral Therapy on Reduction Social and Emotional Maladjustment of Physically Abused Children: A Clinical Trial. *Int J Pediatr* 2017; 5(8): 5473-81.
- Vahid Farnia, Firuze Raisi, Mohmmad Ghasem Mohseni, Davood Atharikia, Zahra Ghafari, On-Demand Treatment of Premature Ejaculation with Citalopram: A Randomized Double-Blind Study, *Acta Medica Iranica*, Vol. 47, No. 5 (2009): 353-5.
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- Firoozeh Raisi, MD ,Vahid Farnia, MD , Nafiseh Ghanbarian, MD, Z. Ghafari, Effects of Herbal vigRX on Premature Ejaculation: A randomized, double-blind study, *Iran J Psychiatry* 2010; 5: 4-6.
- Mohammad Arbabi MD, Vahid Farnia MD, Kamran Balighi MD, Mohammad Reza Mohammadi MD, Ali Akbar Nejtisafa MD, katayoon Yazdchi, MD , Psychiatric Characteristics and Quality of Life in Patients with Pathologic Skin Picking, *Iran J Psychiatry* 2008; 3: 16-19.
- Faezeh Tatari, MD, Vahid Farnia, MD, Reza Faghieh Nasiri, MD, Farid Najafi, Trazodone in Methadone Induced Erectile Dysfunction, *Iran J Psychiatry* 2010; 5:164-166.
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- Farahnaz Keshavarzi1 MD, Vahid Farnia MD, Katayoun Yazdchi MD, Farid Najafi3 MD, Serge Brand4 PhD, Hafez Bajoghli5 MD, Anisodoleh Nankali1 MD & Habib Salmanzadeh6 MD. Effect of maternal anxiety on maternal serum and fetal cord blood cortisol. *Asia-Pacific Psychiatry*6 (2014) 435–439.
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- Farnia V , Valinia K. Olanzapine in Treatment of Childhood Disintegrative Disorder: A Case Study. *MJP Online Early* MJP-01-05-13
- Nazanin Farshchian1, Vahid Farnia, Mohammad Reza Aghaiani1 and Nasrin Abdoli3. MRI Findings and Renal Function in Patients on Lithium Therapy. *Current Drug Safety*, 2013,Vol. 8, No. 4: 257-60
- Vahid Farnia, Jalal Shakeri, Faezeh Tatari. The evaluation of sexual dysfunction among male patients with methamphetamine abuse and withdrawal. *J Subst Use*, 2015; 20(5): 363–366

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- Jalal Shakeri, Vahid Farnia, Katayoun Valinia, Amir Hossein Hashemian, Hafez Bajoghli, Edith Holsboer-Trachsler, Serge Brand , The relationship between lifetime suicide attempts, serum lipid levels, and metabolic syndrome in patients with bipolar disorders. *Int J Psychiatry Clin Pract* 2015; 19: 124–131
- Vahid Farnia, Mehdi Shirzadifar, Jalal Shakeri, Mansour Rezaei, Hafez Bajoghli, Edith Holsboer-Trachsler, Serge Brand . Rosa damascena oil improves SSRI-induced sexual dysfunction in male patients suffering from major depressive disorders: Results from a double-blind, randomized and placebo controlled clinical trial, *Neuropsychiatric Disease and Treatment* 2015;11 625–635.
- FaezehTatari MD, Vahid Farnia MD, AmirHossein Hashemian, Nasrin Abdoli & Mohammad Mahboubi, Low- dose rivastigmine adjunct to risperidone to improve cognitive functions of patients with schizophrenia: A Placebo-Controlled Study. *Tech J Engin & App Sci* 2015., 5 (1): 141-146
- Vahid Farnia · Sara Hojatitabar · Jalal Shakeri · Mansour Rezaei · Katayoun Yazdchi · Hafez Bajoghli · Edith Holsboer-Trachsler · Serge Brand. Article: Adjuvant Rosa Damascena has a Small Effect on SSRI-induced Sexual Dysfunction in Female Patients Suffering from MDD. *Pharmacopsychiatry*. 2015 Jul;48(4-05):156-63. doi: 10.1055/s-0035-1554712.
- Faezeh Tatari MD, Jalal Shakeri, Vahid Farnia, MD, Amirhossein Hashemian, Mohsen Rezaei, Nasrin Abdoli, Mohammad Mahboubi. Naltrexone Augmentation of Risperidone in treatment of Schizophrenia Symptoms. *Tech J Engin & App Sci*. 2015, 5 (1): 136-140
- Roghieh Nooripour, Sogand Ghasemzadeh, Fatemeh Rahnama, Seyed Mojtaba Yasini Ardekani, Vahid Farnia. The Effectiveness of Group Reminiscence on Life Quality, General Health and Loneliness in Elderly. *International Journal of AYER*, Vol. 1, 2015- Page 406-413

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- Nasrin abdoli, Vahid Farnia, Ali Delavar, Alirez Esmaeili, Fariborz Dortaj, Noorali Farrokhi, Majid Karami, Jalal Shakeri, Edith Holsboer-Trachsler, Serge Brand. Poor mental health status and aggression are associated with poor driving behavior among male traffic offenders. *Neuropsychiatric Disease and Treatment* 2015;11 2071–2078
- Nasrin abdoli, Vahid Farnia, Ali Delavar, Fariborz Dortaj, Alirez Esmaeili, Noorali Farrokhi, Majid Karami, Jalal Shakeri, Edith Holsboer-Trachsler, Serge Brand. Mental health status, aggression, and poor driving distinguish traffic offenders from non-offenders but health status predicts driving behavior in both groups. *Neuropsychiatric Disease and Treatment* 2015;11 2063–2070
- Masoud Moradi · Abbas Aghaei · Farid Najafi · Mohammad Mahboubi · Mari Ataee · Bahare Lotfi · Vahid Farnia · Toraj Ahmadi-Jouybari. Epidemiology of Drug Abuse and Drug Dependence in Individuals Visiting Drug Abuse Treatment Centers in Kermanshah Province in 2013 . *Journal of Biology and Today's World Epidemiology*. 2015 July; 4(7): 156-64
- Mostafa Alikhani, Jalal Shakeri, Sanobar Golshani, Elham Jalilian, Vahid Farnia, Roghieh Nooripour, Kianoosh Yaghoobi. Studying the Amount of Depression and its Role in Predicting the Quality of Life of Women with Breast Cancer. *Asian Pac J Cancer Prev*. 2016;17(2):643-6.
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- Vahid Farnia, Jalal Shakeri, Toraj Ahmadi Juibari, Faezeh Tatari, Maryam Khoshbakht, Abbas Aghaei. Demographic and clinical features of patients with substance-induced mental disorders admitted to the psychiatric hospital in Kermanshah, Iran., *J Subst Use*, 2016; 21(3): 327–330.
- Sadeghi Bahmani D · Farnia V · Shakeri J· Yazdchi K· Bajoghli H · Holsboer-Trachsler E· Brand S. The comparison of the effect of yoga and aquatic exercises

on depression and fatigue in patients with multiple sclerosis. *Pharmacopsychiatry* 2015; 25 - A90. DOI: 10.1055/s-0035-1558028.

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- Sadeghi Bahmani D, Farnia V, Alikhani M, Holsboer-Trachsler E & Brand S Rosa Damascena Oil improved methadone-induced sexual dysfunction and happiness in female patients with opium use disorder under methadone maintenance therapy – results from a double-blind, randomized, and placebo-controlled trial. *Pharmacopsychiatry* ,2017,50(5) · September. DOI: 10.1055/s-0037-1606431.
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CONFERENCE

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- Sadeghi Bahmani D, Alikhani M, Razazian N , Farnia V, Gerber M, Lang, UE, Holsboer-Trachsler E, Brand S."Keep going!" Symptoms of depression, sleep disturbances, fatigue and anxiety improved 12 weeks after exercising and active leisure time activity, but decreased further 16 weeks later - evidence for a continuous exercising program.3 4th Congress of the European-Committee-for-Treatment-and-Research-in-Multiple-Sclerosis (ECTRIMS), Berlin, GERMANY, OCT 10-12, 2018.
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Congress of the European-Committee-for-Treatment-and-Research-in-Multiple-Sclerosis (ECTRIMS), Berlin, GERMANY, OCT 10-12, 2018.

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- Psychiatry Board Examination, 2008-2011
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Training Courses

- Prevention and Treatment of Addiction, Tehran University of Medical Science, 2007.
- Evidence Based Medicine workshops. Kermanshah University of Medical Science, 2011.

- Paper Writing workshop, Kermanshah University of Medical Science, 2009.
- Teaching Methods workshop, Kermanshah University of Medical Science, 2010.
- Clinical Hypnosis, Tehran University of Medical Science, 2007.
- Research fellowship: Basel university, Basel, Switzerland, 2014

Contributions to Professional conferences

- Iranian annual congress of psychiatry, 2007.
- The second international congress on sexual disorders, Tehran, Iran, 2008.
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