




# Activities and polymorphisms of MMP-2 and MMP-9, smoking, diabetes and risk of prostate cancer

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Received: 6 April 2020 / Accepted: 31 October 2020 / Published online: 9 November 2020  
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## Abstract

Matrix metalloproteinases (MMPs) are a group of zinc dependent enzymes that are involved in tumor cell invasion and metastasis. The role of MMP-2 and -9 genetic polymorphism in different malignancies has been the subject of numerous studies. The present research has attempted to discover any positive correlation between MMP-2 and MMP-9 SNPs and prostate cancer (PCa) in patients with a history of either diabetes or smoking habits. 112 PCa-patients and 150 unrelated healthy-controls that matched for age and sex were selected for present case–control study. MMP-2 -1575G/A and MMP-9 -1562 C/T polymorphisms detected by PCR–RFLP, serum tissue inhibitors of metalloproteinases (TIMP-1 and TIMP-2), testosterone, prostate-specific antigen (PSA), free-prostate-specific-antigen (fPSA), and fPSA/PSA levels were detected by ELISA and enzyme assay, respectively. MMP-2 and MMP-9 activities were measured by gelatin-zymography. Covariates were considered as age, status of cigarette smoking, and a possible history of diabetes mellitus (DM). The frequency of -1575 MMP-2 A/A + A/G and -1562 MMP-9 C/T + T/T genotypes were higher in PCa-patients with DM (74.3%,  $p=0.003$ ) and with smoking habits (72.5%,  $p=0.005$ ). These genotypes were associated with the increased risk of prostate cancer in smokers (3.52-folds) and in individuals with history of DM (4.34-folds). A significant positive association was found between level of TIMPs (TIMP -1 and TIMP-2) and BMI in PCa-patients and also between testosterone levels and MMP-9 activity in healthy control subjects. For the first time, this study demonstrated that activities of MMP-2 -1575G/A and MMP-9 -1562C/T variants in association with smoking and diabetes are considered significant risk factors for PCa.

**Keywords** Matrix metalloproteinase (MMP) · Tissue inhibitors of metalloproteinases (TIMPs) · Prostate cancer · Diabetes · Prostate-specific antigen and testosterone

## Introduction

Prostate cancer (PCa) is the second most prevalent cancer among males [1, 2]. While some types of prostate cancer grow slowly and may need minimal or even no treatment, other types are aggressive and can spread quickly. The most common sites of metastasis are liver, bladder, bones, lungs, brain and lymph nodes [3]. Although the specific mechanisms facilitating the invasive behaviors of PCa are unclear, tumor cell invasion and metastasis are known to be

mediated, at least in part, through MMPs secreted by tumor cells or stroma cells.

Matrix metalloproteinases (MMPs) as cancer biomarker are one of the members of zinc-dependent family of enzymes that are involved in different physiologic processes, such as embryogenesis, angiogenesis, and tissues remodeling. MMPs degrade extracellular matrix components, such as interstitial collagen, fibronectin, and proteoglycans [4]. MMP's activity is regulated by tissue inhibitor of matrix metalloproteinase (TIMP)-1-4 and a balance between TIMPs and MMPs is essential for ECM remodeling and degradation [5]. Thus, an imbalance in MMP enzymes activity plays a pivotal role in tumor growth and metastasis [6, 7]. The key enzymes involved in the breakdown of collagen type IV and gelatin are MMP-2 and MMP-9 [8]. These enzymes are upregulated in PCa and their high abundance in cancer cells

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may indicate a poor prognosis [9, 10]. Thus, it is believed that MMPs-2&-9 and their inhibitors (TIMPs) play major roles in the PCa development and progression [6]. Previous studies have reported that MMPs overexpression and TIMPs suppression lead to dysregulation of extracellular matrix (ECM) remodeling causing numerous pathologic conditions such as cancer, neurodegenerative disease, arthritis and cardiovascular disease [11].

In addition, imbalance between the MMP-TIMP levels in vessel walls has been observed in diabetes patients which may correlated with microvascular complications [12].

A few reports indicate that MMP-2 -1575G/A (rs243866) and MMP-9 -1562 C/T (rs3918242) genotypes are associated with the risk of several types of cancer such as lung [13], gastric [14], esophageal [15], breast carcinomas [16] and prostate cancer [9, 17]. The -1575G/A is located in the promoter of MMP-2 gene and has been shown to be associated with higher MMP-2 expression and activity [18–20]. MMP-9 -1562C/T gene polymorphism is involved in tumor progression and metastasis [21]. Sfar et al. have suggested that the presence of the -1562 T allele may contribute to augmenting intra-cellular MMP-9 protein production, which then generates growth-promoting signals and increases the pathogenesis, invasion, and severity of PCa [22].

Other factors that increase the risk of PCa including age, race, family history, obesity, and smoking [23, 24]. Evidence has indicated that obese individuals may have an increased chance of being diagnosed with high-grade PCa [25]. In addition, obesity is correlated with increased risk of metabolic disorders and Type 2 diabetes mellitus (T2DM), which are characterized by insulin resistance and increased serum level of insulin-like growth factor-1 (IGF-1) [26]. Insulin and IGF-1, both can promote cell growth directly or indirectly and may be tumor promoters. However, a few studies demonstrated that the T2DM reduces the risk of prostate cancer. It is assumed that hyperinsulinemia not only induces cellular proliferation, but also decreases testosterone level, resulting in a lower risk for PCa [27]. Crawley and coworkers have reported that although PCa and T2DM might happen concurrently, T2DM has a protective effect against PCa risk. Moreover, impact of T2DM on grade and stage of PCa is not clear [28].

Cigarette smoking increases the risk of cancer. There is a direct relationship between number of pack of cigarette smoked per year and risk of developing cancer [29]. It has been reported that the effect of smoking on progression and increased risk of PCa development is associated with higher levels of circulating aldosterone and testosterone [30] that are linked to development of aggressive prostate cancer [31, 32].

In this study, we investigated the association between activities and genotypes of MMP-2 -1575G/A, MMP-9 -1562C/T enzymes and their inhibitors (TIMP-1 and

TIMP-2) with risk of PCa in Iranian population. In addition, we explored the association of the mentioned polymorphisms with increased risk of PCa in diabetics and cigarettes smokers.

## Materials and methods

### Participants

The Ethics Committee of Kermanshah University of Medical Sciences, Iran approved the present study (1. Research involving Human Participants 2. Informed consent ethical legal cod KUMS.Rec.1396.136) (Grant #96430). All participants gave informed written consent for use of their samples and clinical data in research.

We selected participants based on availability. In addition, the association between the frequencies of MMP9 and 2 genotypes with PCa was considered in sample size calculation. Since the frequencies of MMP2 and 9 genotypes in Iranian population are not clear, we referred to previous studies [33, 34] and with respect to the MMP2 genotypes frequencies sample size in both patients and control group was calculated (with 95% confidence intervals (CI) at 90% test power) by STATA software as follow;

$p_2 = 0.76$ ,  $p_1 = 0.575$ , power = 0.90, alpha = 0.05,  $n_2/n_1 = 1.00$ .

Estimated required sample sizes:  $n_1 = 145$ ,  $n_2 = 145$

$$n = \frac{(Z_{1-\alpha/2} + Z_{1-\beta})^2 [P_1(1-P_1) + P_2(1-P_2)]}{(P_1 - P_2)^2}$$

$$= (1.96 + 1.280[0.58(1-0.575) + 0.76(1-0.76)]) = 145.$$

As is observed from above calculation the sample size in both patients and control groups is 145. Therefore, 111 PCa patients and 150 gender and age-matched unrelated healthy controls were recruited for this study during one year.

In addition, this calculation was performed for MMP9 as follow;

alpha = 0.05, power = 0.90,  $p_1 = 0.57$ ,  $p_2 = 0.754$ ,  $n_2/n_1 = 0.754$ .

Estimated sample size for two-sample comparison of proportions.

Test  $H_0$ :  $p_1 = p_2$ , where  $p_1$  is the proportion in population 1 and  $p_2$  is the proportion in population 2.

**Assumptions:** alpha = 0.0500 (two-sided), power = 0.9000,  $p_1 = 0.7540$  and  $p_2 = 0.5700$ .

$n_2/n_1 = 1.00$ .

Estimated required sample sizes:  $n_1 = 148$  and  $n_2 = 148$ .

As is observed from above calculation the sample size in both patients and control groups is 148. Therefore, 111 PCa

patients and 150 gender and age-matched unrelated healthy controls were recruited for this study during one year.

The total sample size for the serum concentration of TIMP1 was calculated as follow;

$$Z1 - \alpha / 2 + Z1 - \beta) (\delta 21 + \delta 22) (n = (\mu 1 - \mu 2) 2. \\ n = (1.96 + 1.28) (0.07 2 + 0.1 2). \\ (122. 7 - 25.2) 2. \\ n = 15.$$

The total sample size for the serum concentration of TIMP2 was calculated as follow;

$$Z1 - \alpha / 2 + Z1 - \beta) (\delta 21 + \delta 22) (n = (\mu 1 - \mu 2) 2. \\ n = (1.96 + 1.28) (0.07 2 + 0.1 2). \\ (61 - 24) 2 \\ n = 17.$$

All of the PCa patients from Hospitals of the Kermanshah University of Medical Sciences with the mean age of  $35.3 \pm 10.9$  years participated in this case control study.

According to campbell-walsh urology, patients with lower urinary tract symptoms (LUTS) referred to urologist. The investigation of patient's history, digital rectal exam (DRE) and PSA tests were performed. A biopsy (6 part) was taken through transrectal ultrasound guided (TRUS) from patients who have abnormal DRE and elevated levels of PSATZ (prostate specific antigen adjusted for the transition zone volume) [35]. According to the prostate biopsy results BPH was distinguished from PCa. Tumor volume and invasion were determined by radical prostatectomy.

After biopsy procedures patients were classified in five groups according to Gleason score range as follow; Gleason  $\leq 6$ : grade group 1, Gleason  $3 + 4 = 7$ : grade group 2, Gleason  $4 + 3 = 7$ : grade group 3, Gleason  $4 + 4 = 8$ ,  $3 + 5 = 8$ ,  $5 + 3 = 8$ : grade group 4, Gleason 9–10: grade group 5 [36].

The most of the patients in this study were in groups 1, 2 and 3 and under the radiotherapy and hormone therapy. Moreover, patients with high-grade prostate cancer (8–10) were recruited after radical prostatectomy (RP).

The clinical features including Gleason score, PSA density, family history, type of treatment and also age, history of tobacco smoking, diabetes, height, weight, and pretreatment testosterone levels have obtained from their medical records.

Since we aimed to detect the influence of smoking and diabetes mellitus in susceptibility to PCa, the cases and controls with smoking habit or with diabetes were included in the study.

Diagnosis and classification criteria for diabetes was based on reports has been published by the World Health Organization (WHO) in 2006. Diagnosis criteria for diabetes included fasting plasma glucose  $\geq 7.0$  mmol/l (126 mg/dl) or 2-h plasma glucose  $\geq 11.1$  mmol/l (200 mg/dl) [37].

During the same period, 150 healthy controls volunteers (average age of  $35.7 \pm 13.2$  years) with normal DRE results

and PSA levels and without any history of malignancy or BPH and also unrelated to one another were recruited from Hospitals of the Kermanshah University of Medical Sciences. Exclusion criteria for control subjects was including serum levels  $> 2.5$  ng/ml of prostate specific antigens (PSA), the free to total PSA ratio  $\leq 0.1$  and positive digital rectal examination (DRE).

## Chemical analyses

Serum concentration of TIMP-1 and TIMP-2 were measured by ELISA according to the manufacturer protocol (Quantikine R&D Systems, USAs). Serum testosterone, PSA, fPSA and fPSA/PSA levels were determined by the standard methods (Pars Azmoon kit, Iran), using the automated Erba XL-600 (Mannheim, Germany).

## DNA extraction, MMP-2 and MMP-9 genotyping

Method used to extract genomic DNA from peripheral blood samples has been described previously [39]. The MMP-2 -1575G/A and MMP-9 -1562C/T polymorphisms were identified by PCR-RFLP [18, 40].

The forward; 5'- GCC TGG CAC ATA GTA GGC CC-3', and reverse; 5'-CTT CCT AGC CAG CCG GCA TC-3', primers were used to determined MMP-9 -1562 SNP. Thermocycling condition for PCR reaction was 95°C for 7 min, followed by 35 cycles at 95 °C for 30 s, 67.7°C for 30 s, 72 °C for 30 s, with a 10 min final extension at 72 °C. SphI restriction endonuclease was used to digest the 435 bp PCR products at 37 °C overnight and the digested products were separated on a 1.5% agarose gel containing ethidium bromide. The homozygote mutant TT fragments were 244 bp and 191 bp, heterozygote mutant CT fragments were 435 bp, 244 bp, and 191 bp and homozygote wild CC was 435 bp as shown in (Fig. 1a) [40].

The forward 5'- CACACCCACCAGACAAGCCT-3' and reverse 5'- CCT AGG AAG GGG GCA GAT AGG AC-3' primers were used to identify MMP-2 -1575G/A polymorphism.

The thermocycling condition for PCR reaction was 94 °C for 5 min followed by 35 cycles at 94 °C for 30 s, 58.2 °C for 1 min, 72 °C for 1.5 min, with a final extension at 72 °C for 10 min. The amplified PCR products (301 bp) were treated with the restriction enzyme PstI (RcaI). The length of digested fragments were: the GG genotype (wild type), 301 bp; the AA genotype (homozygous mutant) 189 and 112 bps; heterozygous AG genotype, 301, 189, and 112 bps (Fig. 1b) [18].



analysis were used to compare the quantitative data. The SPSS statistical software (version 16) was used for the statistical analysis.

## Results

Demographic characteristics and test results of patients and control group are demonstrated in Table 1. The levels of PSA [61 (18–102.2) vs 0.7 (0.3–1.4) (mg/dl),  $p < 0.001$ ], fPSA [8.6 (1.7–20) vs. 0.3(0.1–0.6) (mg/dl),  $p < 0.001$ ], MMP-2 activity (15,850 vs. 13,017,  $p = 0.011$ ), TIMP-1 (13 vs. 7.5 pg/ml  $p < 0.001$ ) and TIMP-2 (67 vs. 38 pg/ml  $p < 0.001$ ) were significantly higher in the serum of PCa patients than control groups. While, serum levels of testosterone (2.9 vs. 0.6  $\mu\text{mol/l}$   $p < 0.001$ ) and NO (49.1 vs. 5.4,  $p < 0.001$ ) were significantly higher in healthy control compared to PCa patients. In addition, significant positive association was found between smoking and risk of PCa ( $p < 0.001$ ).

The odd ratio (95% confidential interval) and frequency of MMP-2 -1575 and MMP-9 -1562 genotypes and alleles are presented in Table 2. The overall distribution of MMP-2 -1575 and MMP-9 -1562 alleles and genotypes in PCa patients were similar to control group.

The influence of dominant model of -1575 MMP-2 (G/G, A/G + A/A) and -1562 MMP-9 (C/C, C/T + T/T) genotypes on testosterone, PSA, fPSA, NO and fPSA/

PSA concentration and BMI between PCa patients and control group is presented in Table 3. For MMP-2, the presence of G/G genotype in PCa patients was strongly associated with higher concentration of PSA (60.4 vs. 0.8 mg/dl,  $p < 0.001$ ), fPSA (7.9 vs.0.3 mg/dl  $p < 0.001$ ), TIMP-1 (10 vs. 7 pg/ml,  $p > 0.009$ ), TIMP-2 (59 vs. 41.5 ng/ml,  $p = 0.021$ ) and MMP-2 activity (17,377 vs. 13,198,  $p = 0.013$ ) compared to control subjects. Similar results were observed for MMP- 9 genotypes -1562 C/C and C/T + T/T (Table 3).

We found a significant positive correlation between concentration of both TIMP-1 and TIMP-2 and BMI in PCa patients ( $r = 0.233$ ,  $p = 0.027$  and  $r = 0.222$ ,  $P = 0.035$ ) (Table 4). But, TIMP-2 level was negatively correlated with age in PCa patients ( $r = -0.215$ ,  $p = 0.041$ ) and in control subjects ( $r = -0.213$ ,  $p = 0.044$ ). In healthy control subjects, MMP-9 activity was found to be negatively correlated with testosterone concentration ( $r = -0.137$ ,  $P = 0.018$ ), but it was positively correlated with fPSA/PSA ( $r = 0.118$ ,  $p = 0.043$ ) (Table 4).

The impact of diabetes, smoking, and/or dominant model of -1575 MMP-2 and -1562 MMP-9 genotypes on the prostate cancer risk was investigated and results indicated that smoking and diabetes had significant effect on the incidence of PCa. -1575 MMP-2 A/A + A/G genotypes and -1562 MMP-9 C/T + T/T genotypes significantly increased the risk of PCa in diabetics and smokers by 4.34 ( $p = 0.004$ ) and 3.52 ( $p = 0.002$ ) folds, respectively.

**Table 1** The demographic characteristic and distribution of risk factors in prostatic cancer patients and control subjects in a population from west of Iran

Parameters	Prostatic cancer patients N = 112	Control subjects N = 150	p# values
Age	35.3 ± 10.9	35.7 ± 13.2	0.82
Testosterone ( $\mu\text{mol/L}$ )	*0.6 (0.1–2.18)	*2.9 (2.2–4.03)	<0.001
NO	*5.4 (3.6–8.6)	*49.1 (42.2–82.1)	<0.001
PSA (mg/dl)	*61 (18–102.2)	*0.7 (0.3–1.4)	<0.001
fPSA (mg/dl)	*8.6 (1.7–20)	*0.3(0.1–0.6)	<0.001
fPSA/PSA	*0.19 (0.1–0.27)	*0.42(0.22–0.67)	<0.001
Diabetes			
No	85 (75.9%)	127 (84.7%)	0.068
Yes	27 (24.1%)	23 (15.3%)	
Smoking			
No	53 (47.3%)	No 109 (72.2%)	<0.001
Yes	59 (52.7%)	Yes 41 (27.3%)	
MMP2 zymography activity	*15,850 (9663–21,987)	*13,017 (9173–15,837)	0.011
MMP9 zymography activity	*22,016 (13,459–37,747)	*28,194 (15,299–41,161)	0.037
TIMP1 (pg/ml)	*13 (8–25)	*7.5 (6–9)	<0.001
TIMP2(ng/ml)	*67 (41.5–206.5)	*38 (28–58.5)	<0.001
Prostate volume ( $\text{cm}^3$ )	39.3 ± 9.6	24.9 ± 3.5	<0.001
PSA/ Prostate volume	2.1 ± 2.5	0.037 ± 0.028	<0.001

Compared serum MMP2 and MMP9 zymography activities, TIMP1 and 2, testosterone, PSA, fPSA, NO concentration, age, diabetes, smoking and fSPS/SPA between patients and controls were used\*non-parametric 2 independent samples test Mann–Whitney (p# values), two-tailed Student's t test and  $\chi^2$  test

**Table 2** Odd ratio (95% confidential interval) and distribution of MMP-2 and MMP9 genotypes and alleles in patients with PCa patients and control subjects

	PCa patients (n = 112)	Control subjects (n = 150)
<b>MMP2genotypes</b>		
G/G	77 (68.8%)	109 (72.7%)
A/G	32 (28.6%)	41 (27.3.7%)
A/A	3(2.6%)	0(0%)
	$(\chi^2 = 4.2, df = 2, p = 0.12)$	
<b>Dominant model of MMP2 genotypes</b>		
G/G	77 (68.8%)	109 (72.7)
A/G + A/A	35 (31.2%)	41 (27.3%)
	$(\chi^2 = 0.34, df = 1, p = 0.56)$ 1.083 (0.83–1.42, $p = 0.56$ )	
<b>MMP2alleles</b>		
G	186 (83%)	259 (86.3%)
A	38 (17%)	41 (13.7%)
	$(\chi^2 = 0.51, df = 1, p = 0.48)$ 1.093 (0.86–1.4, $p = 0.47$ )	
<b>MMP9</b>		
C/C	72 (64.3%)	100 (66.7%)
C/T	36 (32.1%)	49 (32.7%)
T/T	4(3.6%)	1(0.7%)
	$(\chi^2 = 2.9, df = 1, p = 0.28)$ 2.36 (0.78- 7.1, $p = 0.281$ )	
	$(\chi^2 = 2.93, df = 2, p = 0.23)$	
<b>Dominant model of MMP9 genotypes</b>		
C/C	72 (64.3%)	100 (66.7%)
C/T + T/T	40 (35.7%)	50 33.3%)
	$(\chi^2 = 0.1, df = 1, p = 0.76)$ 1.041 (0.804–1.348, $p = 0.761$ )	
<b>MMP9alleles</b>		
C	180 (80.4)	249 (83%)
T	44 (19.6%)	51 (17.3%)
	$(\chi^2 = 0.49, df = 1, p = 0.48)$ 1.083 (0.87–1.36, $p = 0.48$ )	

In order to, assessment the TIMP as a risk factor in PCa binary regression analysis was calculated as follow;

According to the TIMP normal range reported by one study entitled “Significant Increases in Serum and Plasma Concentrations of Matrix Metalloproteinases 3 and 9 in Patients with Rapidly Destructive Osteoarthritis of the Hip” zero and 1 was defined for the normal range of TIMP and for the values > normal range respectively [41].

This analysis was performed for TIMP2 only. Because all of the patients and control subjects had the normal range for TIMP1 concentration except for two individuals. (normal range of TIMP2: 26–110 ng/ml and normal range of TIMP1: 108–223 ng/ml). The TIMP2 plasma levels had significant difference between the patients and control groups thus binary logistic regression was assessed to evaluate the TIMP2 as a risk factor in PCa. OR = 8.2, 95%CI (2.5–26.8,  $p < 0.001$ ).

All of the methods used in evaluation of the association between the high and low concentration of TIMP with both MMP9 and 2 genotypes had not significant difference.

## Discussion

Matrix metalloproteinases are associated with various cancer types but the prognostic value of MMP-2 -1575G/A and MMP-9 -1562C/T polymorphisms in PCa remains controversial [42]. The expression of MMP-9 and its gene variants at position -1562 are shown to be associated with prostate cancer. It has been reported that presence of MMP-9 -1562C/C genotype is correlated with prostate cancer development [43] while, the expression of MMP-2 is associated with the progression and metastasis of prostate cancer [44].

**Table 3** Concentration of testosterone, PSA, fPSA, NO, fPSA/PSA and BMI with dominant model of MMP2 genotypes (G/G, A/G + A/A) and MMP9 genotypes (C/C, C/T + T/T) comprised between PCa patients and control subjects

Dominant model of MMP2 genotypes (G/G, A/G + A/A)	PCa patients	Control subjects	P values	Dominant model of MMP9 genotypes (C/C, C/T + T/T)	PCa patients	Control subjects	P values
<b>G/G</b>	N = 77	N = 109		<b>C/C</b>	N = 72	N = 100	
Testosterone ( $\mu\text{mol/L}$ )	0.5 (0.1–2.1)	2.7 (2.2–4)	<0.001	Testosterone ( $\mu\text{mol/L}$ )	0.9 (0.2–2.37)	2.9 (2.2–3.9)	<0.001
NO	4.6 (3.98–8.59)	48.9 (40.45–62.15)	<0.001	NO	5.6 (3.42–8.44)	48 (41.7–60.1)	<0.001
PSA (mg/dl)	60.4 (15.8–151.3)	0.8 (0.3–1.4)	<0.001	PSA (mg/dl)	59.05 (15.15–104)	0.736 (0.36–1.42)	<0.001
fPSA (mg/dl)	7.9 (1.65–20)	0.3 (0.1–0.6)	<0.001	fPSA (mg/dl)	8.55 (1.65–20)	0.3 (0.1–0.61)	<0.001
BMI	24.5 $\pm$ 4.4	26 $\pm$ 4.4	0.017	BMI	23.8 $\pm$ 4.1	25.4 $\pm$ 4.7	0.18
MMP2 zymography activity	17,377(9669–21,933)	13,198(8704–15,925)	0.013	MMP2 zymography activity	14,936 (9775–22,598)	12,865 (8789–15,448)	0.004
MMP9 zymography activity	22,481(1,218,836,028)	27,841(15,854–40,648)	0.031	MMP9 zymography activity	22,248 (14,479–37,654)	29,178 (15,299–42,062)	0.06
TIMP1 (pg/ml)	10 (7–24)	7 (7–9)	0.009	TIMP1 (pg/ml)	15.5 (45–196)	7 (6–8)	<0.001
TIMP2(ng/ml)	59 (37–176)	41.5 (28.7–68.2)	0.021	TIMP2(ng/ml)	81.5 (45–196.7)	43 (27.8–51.3)	0.001
<b>AG + A/A</b>	N = 35	N = 41		<b>C/T + T/T</b>	N = 40	N = 50	
Testosterone ( $\mu\text{mol/L}$ )	0.8 (0.17–2.32)	2.9 (2.2–4)	<0.001	Testosterone ( $\mu\text{mol/L}$ )	0.4 (0.1–1.91)	2.6 (2.1–4.32)	<0.001
NO	5.41 (2.5–11.37)	55.1 (42.6–63.2)	<0.001	NO	4.7 (3.6–10.72)	54.4 (43.6–65.4)	<0.001
PSA (mg/dl)	65.5 (18.7–109.2)	0.611 (0.273–1.25)	<0.001	PSA (mg/dl)	68.1 (19–100.5)	0.7 (0.2–1.25)	<0.001
fPSA (mg/dl)	10 (1.95–19)	0.2 (0.1–0.8)	<0.001	fPSA (mg/dl)	10 (1.6–18)	0.22 (0.1–0.6)	<0.001
BMI	24.67 (20.49–27.64)	23.76 (21.33–25.78)	0.038	BMI	23.8 $\pm$ 4.1	25.5 $\pm$ 4.7	98
MMP2 zymography activity	13,384(9365–22,977)	12,840 (10,243–16,622)	0.38	MMP2 zymography activity	14,936 $\pm$ 8221	13,997 $\pm$ 14,949	0.51
MMP9 zymography activity	21,497.5(10,187.5–44,480.5)	29,839 (14,559–43,440)	0.77	MMP9 zymography activity	25,160 $\pm$ 18,000	27,966 $\pm$ 14,047	0.41
TIMP1 (pg/ml)	18 (8.7–25.7)	8 (6–9)	0.014	TIMP1 (pg/ml)	9 (7–25)	8 (7–15)	0.2
TIMP2(ng/ml)	123 (49–313)	34 (25.5–53.5)	0.005	TIMP2(ng/ml)	59 (37–206)	34 (28–90)	0.034

Both MMP-2 and MMP-9 genes consist of 13 exons and their SNPs are located on chromosomes 16q12.2 and 20q11.2-q13.1, respectively [45]. MMP-2 and MMP-9, also known as gelatinases, degrade collagen types I, II, III and IV, the important structural component of the basement membrane and ECM [46]. TIMPs and  $\alpha 2$  macroglobulin block the proteinase activity of MMPs and inhibit the extracellular matrix degradation [45].

We hypothesized that MMP-2 and/or MMP-9 activities and polymorphisms and their inhibitors, TIMPs, in association with smoking and obesity may have a crucial role in PCa pathogenesis. Current study is the first study to show that MMP-2 -1575G/A and MMP-9 -1562C/T gene polymorphisms and serum levels of TIMP-1 and TIMP-2 in association with smoking and diabetes increase the risk of PCa in population from west of Iran.

It is known that level of pro-MMP-9 in PCa is inversely proportional to TIMPs concentration [6]. Our results clearly demonstrated a high incidence of PCa was observed in individuals with -1575 MMP-2 AG + A/A and -1562 MMP9 C/T + T/T genotypes and with high levels of PSA and TIMP-2. Results of an investigation performed by Wood et al. indicated that expression of TIMP-1 and TIMP-2 were high in organ-confined samples, lower in samples with capsular penetration, and low or negative in PCa samples with surgical margin/seminal vesicle and lymph node involvement [47]. The association of MMP-2 -1575G/A and MMP-9 -1562C/T polymorphisms and their correlation with serum concentration of PSA, TIMP and other parameters, which were studied in the current paper, is not sufficient to assess the risk of prostate cancer accurately.

**Table 4** Correlation of zymography MMP2 MMP9 activities and TIMP1 and TIMP2 with parameters studies in PCa patients and control group

	MMP2 zymography activity(mU/l)	MMP9 zymography activity(mU/l)	TIMP1	TIMP2	testosterone (umol/l)	NO	PSA (mg/dl)	fPSA (mg/dl)	fPSA/PSA	BMI	AGE
<b>PCa patients</b>											
MMP2 zymography activity(mU/L)	r=1	r=0.19 p=0.012	r=0.04 P=0.74	r=0.11 P=0.29	r=0.05 P=0.5	r=-0.12 P=0.09	r=0.07 P=0.27	r=0.05 P=0.5	r=-0.06 p=0.46	r=-0.07 p=0.33	r=0.1 p=0.15
MMP9 zymography activity(mU/L)	r=0.19 p=0.012	r=1	r=0.16 P=0.14	r=0.21 P=0.052	r=-0.04 P=0.56	r=-0.13 P=0.077	r=-0.044 P=0.51	r=-0.004 P=0.96	r=-0.02 p=0.74	r=-0.05 p=0.46	r=0.1 p=0.14
TIMP1 (pg/ml)	r=0.04 P=0.75	r=0.16 P=0.13	r=1	r=0.878 P<0.001	r=0.006 P=0.96	r=0.07 P=0.56	r=-0.07 P=0.49	r=-0.17 P=0.15	r=-0.03 p=0.8	r=0.233 p=0.027	r=-0.28 P=0.009
TIMP2 (ng/ml)	r=0.113 P=0.287	r=-0.2 P=0.05	r=0.89 P<0.001	r=1	r=-0.11 P=0.325	r=0.003 p=0.976	r=-0.03 p=0.763	r=-0.12 p=0.3	r=-0.028 P=0.82	r=0.222 P=0.035	r=-0.215 p=0.041
<b>Control group</b>											
MMP2 zymography activity(mU/L)	r=1	r=0.318 p=0.000	r=-0.041 P=0.704	r=-0.064 P=0.546	r=-0.156 P=0.007	r=0.050 P=0.443	r=0.011 p=0.853	r=0.017 p=0.776	r=0.073 p=0.215	r=0.069 p=0.231	r=-0.123 p=0.033
MMP9 zymography activity(mU/L)	r=0.318 p=0.000	r=1	r=0.064 P=0.556	r=0.001 P=0.994	r=-0.137 P=0.018	r=0.079 p=0.222	r=0.087 P=0.132	r=0.076 p=0.193	r=0.118 p=0.043	r=0.081 p=0.164	r=-0.005 p=0.926
TIMP1 (pg/ml)	r=-0.41 P=0.704	r=0.064 P=0.556	r=1	r=0.697 P=0.000	r=0.087 P=0.420	r=-0.152 p=0.325	r=-0.057 p=0.595	r=-0.039 p=0.720	r=0.031 p=0.775	r=0.150 p=0.162	r=-0.110 P=0.306
TIMP2 (ng/ml)	r=-0.064 P=0.546	r=0.001 P=0.994	r=0.697 P=0.000	r=1	r=0.156 P=0.143	r=-0.143 p=0.342	r=-0.045 p=0.677	r=-0.057 p=0.597	r=-0.034 P=0.753	r=-0.122 p=0.253	r=-0.213 p=0.044



Our results clearly show that -1575 MMP-2 A/A + A/G genotypes increase the risk of PCa in smokers and in diabetics by 4.34 folds ( $p=0.004$ ). In addition, the presence of -1562 MMP-9 C/T + T/T genotypes significantly increase the susceptibility of smokers and diabetics patients to PCa by 3.52 times ( $p=0.002$ ). However, the overall frequencies of MMP-2 -1575G/A and MMP9 -1562G/T alleles and genotypes in PCa patients were not significantly different from the control group. Dos et al. reported that in Brazilian population MMP-1 and MMP-2 polymorphisms might have a protective role against prostate cancer development, while MMP-9 may increase the risk of PCa [48]. In Tunisia MMP-9 -1562 T allele increases the incidence of PCa by threefolds ( $OR=2.86$ ;  $P=0.004$ ) [22], while in North India MMP-2-1306C/T gene polymorphism apparently increases the risk of PCa [49]. These results suggest that in addition to genetic variation of MMP-2 and MMP-9 other environmental factors such as age, smoking and disease affect PCa incidence in population from Western Iran.

We found a significant positive association between testosterone levels and MMP-9 activity in healthy control subjects and between TIMPs level (TIMP-1 and TIMP-2) and BMI in PCa patients. We also found that in both PCa patients and in control subjects, TIMP-2 level is negatively associated with age.

## Conclusion

For the first time, we found that smoking and/or diabetes in the presence of -1575 MMP-2 A/A + A/G or -1562 MMP-9 C/T + T/T genotypes significantly increase the risk of PCa. In addition, the levels of PSA, fPSA, TIMP1 and TIMP2 were found to be significantly higher in PCa carrying homozygous or heterozygous mutation at these MMPs' loci. Current study suggests that -1575 MMP-2 A/A + A/G or -1562 MMP-9 C/T + T/T genotypes and high plasma concentration of PSA, fPSA, TIMP1 and TIMP2 in patients with diabetes or in individual smokers may be considered as risk factors for PCa.

**Acknowledgements** This study was performed in partial fulfillment of requirements for an MSc degree in the Clinical Biochemistry, Kermanshah University of Medical Sciences, Kermanshah Iran (M. Kamankash). This study was funded by Kermanshah University of Medical Sciences, Kermanshah, Iran (Grant #96430). The Ethics Committee of Kermanshah University of Medical Sciences, Iran approved the present study (1.Research involving Human Participants 2. Informed consent ethical legal cod KUMS.Rec.1396.136)) (Grant #96430). All participants gave informed written consent for use of their samples and clinical data in research.

## Compliance with ethical standards

**Conflict of interest** There are no conflicts of interest.


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